



THE EMPOWERED ED PRESENTS

REFLECTION

MADE SIMPLE



Welcome!

REALISTIC REFLECTION SIMPLIFIED



Welcome!

Thanks for joining me!



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What is Reflective Practice?

Let's Break This Down..



Simple Reflection Theory.

Theory in Action - Donald Schon – Influential Thinker in Reflective Learning Helps us to Simplify..



IN ACTION REFLECTION

Thinking about what we are doing as we are in the moment or engaged in an activity .



ON ACTION REFLECTION

Thinking about what happened **AFTER** an event and usually this is where documentation comes in.



COMBINATION OF BOTH

We need to try and incorporate both to help us resolve issues but also to make sense of the experience or moment.

Reflection on actions encourages a process of continual, **active learning.**

What Can We Use Reflection For?

Reflection can **highlight for you areas you might like to learn more about, understand better or find different ways** to approach that practice.



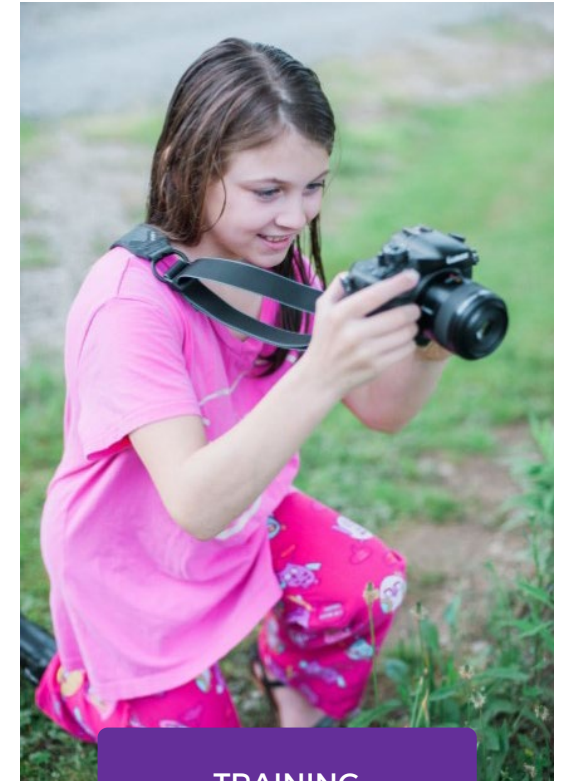
OBSERVATIONS



PROGRAM/PLANS



ACTIVITIES



TRAINING

Quick Action Ideas



- Allocate a space for weekly or daily reflection on your program plan.
- Keep a diary or notebook on your desk
- Use a digital app to add to when you can.
- Use a whiteboard & sticky notes then take a photo at the end of the week.
- Take notice of what children are saying and doing and include their own voice rather than always documenting learning goals from an educator's perspective.
- Use family communication & displays as an opportunity for reflection.

Think Ahead Action Ideas



- Request a specific time (away from the children) to explore an issue or challenge in detail with a leader or coordinator.
- Set up a process educators can follow easily step by step.
- Incorporate interesting reflection prompts & questions into team meetings or networking events.
- Use 'in action ' and 'on action' reflective moments to identify areas you would like more support or training in then make sure your voice is heard....follow up with the why!
- Use tools to help you reflect on your work and set short term and long term goals to aim for.

Simple Critical Reflection Process

As critical reflection is an **ongoing process** there are **no set rules** for how often you should set aside time to document your reflections

6. Take Action & Share

Now it's time to think about what you might do differently or the same if this moment was to occur again. What could you use from the research you did? This becomes your evidence of learning and thinking! Have conversations and share your learning!

5. Bring it Home Empowered Ed!

What else could you have done in this moment?
What have other people done in these situations?
What discussions, information and perspectives are out there relating to this area that you might not have considered?

4. Analyse Your Moment

Can you make any sense of this experience? What does it mean? What might it relate to?



1. Describe your moment.

What happened in this moment? What did you do?
What did others do?

2. How did it make you feel?

Consider what happened and how it made you feel or think.

3. Evaluate your experience.

Can you identify what was good and what was not so good about this moment?



Your Takeaway Action Step

Try this ONE thing next week to help you get started! Use a Reflection Story Sequence!



SEE

What do you notice?



THINK

What do you think is going on?



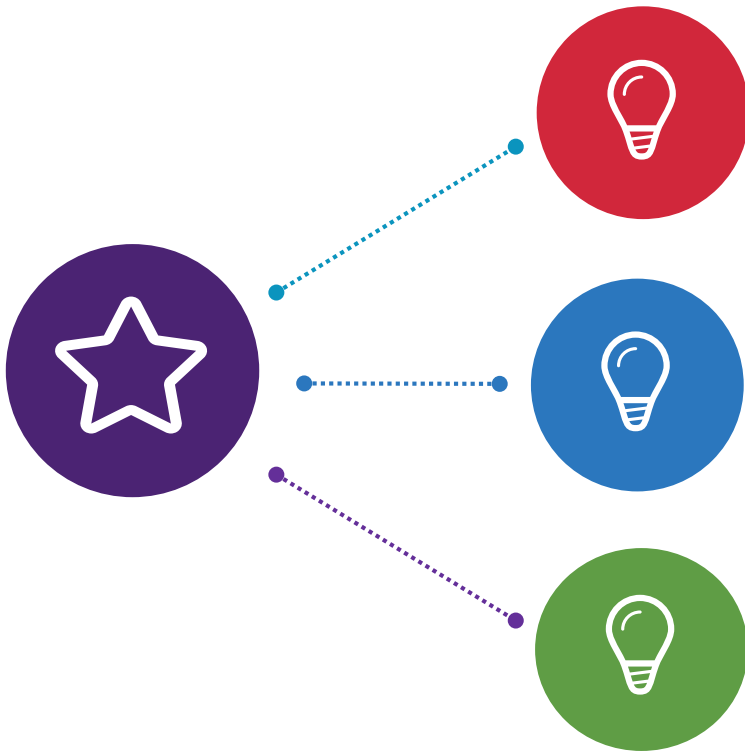
WONDER

What does this make you wonder?

Special Webinar Reflection Bonus – A Set of Thinking Cards for you!

Use a Story to Simplify

Thinking Stories are a great way to simplify reflective practice & help you to move past the obvious and dig a little deeper....without it wasting your valuable time!



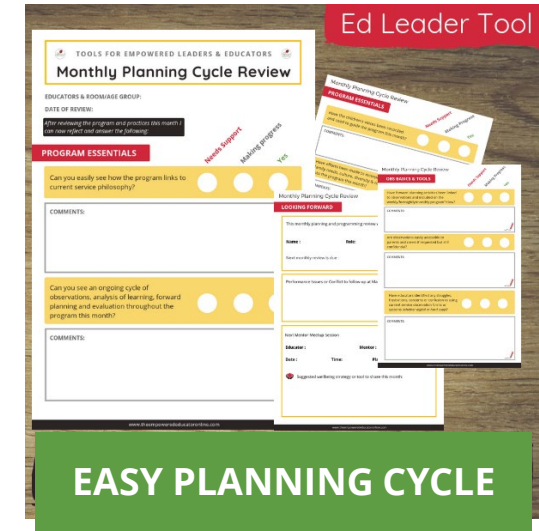
Use the reflection thinking cards in different ways in different situations & with the children to invite thinking!

Ask Questions & Generate Answers

Challenge Ideas & Consider Shifting Perspectives!

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