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|  | **MONDAY** | **TIME** | **TUESDAY** | **TIME** | **WEDNESDAY** | **TIME** | **THURSDAY** | **TIME** | **FRIDAY** | **TIME** |
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| **AM** |  |  |  |  |  |  |  |  |  |  |
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| **PM** |  |  |  |  |  |  |  |  |  |  |
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**MY EMPOWERED SIMPLE SCHEDULE**

**MY WEEKEND SIMPLE SCHEDULE**

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| --- | --- | --- | --- | --- |
|  | **SATURDAY** | **TIME** | **SUNDAY** | **TIME** |
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| **AM** |  |  |  |  |
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| **PM** |  |  |  |  |
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